

Medi-Cal Peer Certification Stakeholder Advisory Council

Date: July 21, 2023

Time: 1:00-2:00p

Zoom link: <https://us02web.zoom.us/j/87812257014>

or Dial In: 1-669-444-9171 Meeting ID: 878 1225 7014

Participants	
Name	County
Maria Arteaga	Santa Barbara County
Kristen Mungcal	San Bernardino County
Martha Contreras	LA county
Min Suh	Orange County
Patricia Barrett	San Joaquin County
Carrie Manning	Lake County

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Topic	Notes
Roll Call	We asked the Stakeholder Advisory Council members to type in their name and county in the Zoom chat to indicate their attendance.
Housekeeping	We reviewed the ways to raise your hand once called on, how to mute/unmute yourself when dialed in by phone. We also provided information regarding Spanish interpretation and live transcripts. Also, we reminded everyone to use the Q&A feature so that their questions will be recorded in the notes. We also gave everyone the reminder to speak for a maximum of one minute during public comment to ensure everyone has a chance to speak.
Meeting Agreements	As a group, we reviewed the meeting agreements that have been previously established – no changes were made.
Program Updates	<p>CalMHSA has closed applications for Stakeholder Advisory Council members, deadline to apply was 06.30.23. We received more than 90 applications.</p> <p>CalMHSA presented the guidelines for advertisement of Certified Medi-Cal Peer Support Specialists (CMPSS) in California and how to list the credential and specialized training. The guidelines are as follows:</p> <ul style="list-style-type: none"> • Include the full name of the person who has been certified. • Use the complete title of the certification or an acceptable abbreviation, as follows: <ul style="list-style-type: none"> • Certified Medi-Cal Peer Support Specialist or CMPSS. • Provide the certification number. • Include the complete title of the specialized training recognized by CalMHSA, such as: <ul style="list-style-type: none"> • Parent, Caregiver, Family Member Peer. • Peer Services in Crisis Care. • Peer Services for Unhoused. • Peer Services for Justice Involved.

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	<p>Examples of Advertisement:</p> <p><u>Example #1:</u></p> <p>Jane Doe CMPSS #MPSS123456</p> <p><u>Example #2:</u></p> <p>Jane Doe Certified Medi-Cal Support Specialist, #MPSS123456 Area of Specialization: Peer Services for Justice Involved</p> <p><u>Example #3:</u></p> <p>Jane Doe Certified Medi-Cal Peer Support Specialist, #MPSS123456 Areas of Specialization: Parent, Caregiver, Family Member Peer Peer Services for Justice Involved</p> <p>Please note, CalMHSA’s website is Under Construction July 26, 2023 – August 9, 2023.</p>
Data Snapshots	<p>Since May 2, 2022, CalMHSA has received 4500+ applications as of 20th July 2023. The majority, 66%, of these applicants are for the Initial Certification pathway, while the remaining 34% have opted for the Grandparenting pathway.</p> <p>Scholarships:</p> <ul style="list-style-type: none"> • 2,717 awarded for Initial Certification pathway • 1,361 awarded for grandparenting pathway <p>Currently, 1464 applicants have received certification for Medi-Cal Peer Support Specialists!</p> <p>663 certified Medi-Cal Peer support specialists have completed the Supervision of Peer Workers training.</p>

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	<p>Grandparenting pathway data:</p> <ul style="list-style-type: none"> • Received a total of 1560 applications until June 30, 2023. • 51% of applicants are certified Medi-Cal Peer Support specialist • Awaiting application revisions from 11% of applicants <p>Initial Certification pathway data:</p> <ul style="list-style-type: none"> • Reviewed a total of 2835 applications until July 20, 2023. • 24% of applicants are certified Medi-Cal Peer Support specialist • 49% of applicants are undergoing 80-hour training. • Awaiting application revisions from 5% of applicants
<p>Best Practice Guidelines</p>	<div style="border: 2px solid black; padding: 10px;"> <ol style="list-style-type: none"> 1. Introduction <ol style="list-style-type: none"> a. Purpose of the guidelines b. History of Peer movement 2. Overview of Peer Work in Behavioral Health Settings <ol style="list-style-type: none"> a. Value of peer workers in behavioral health settings b. Unique needs and challenges of peer workers in behavioral health settings 3. Recruitment and Hiring <ol style="list-style-type: none"> a. Identifying job requirements and qualifications b. Conducting interviews and selecting candidates <ol style="list-style-type: none"> i. <u>Evaluate for</u> discriminatory practices (i.e., formal education or on-the job experience requirements) c. Compensation and benefits <ol style="list-style-type: none"> i. Ensure fair compensation and <u>benefits</u> d. Offering flexible work arrangements e. Opportunity for career advancement (career ladder) 4. Work Environment <ol style="list-style-type: none"> a. Establishing a welcoming and inclusive workplace culture <ol style="list-style-type: none"> i. Addressing discrimination and harassment b. Encouraging team collaboration and communication c. Developing and implementing policies and procedures that support peer work d. Creating a feedback mechanism for peer workers to provide input on policies and procedures 5. Training and Professional Development <ol style="list-style-type: none"> a. Providing initial and ongoing training b. Supporting continuing education and professional development opportunities </div>

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	<div style="border: 2px solid black; padding: 10px; margin-bottom: 10px;"> <ol style="list-style-type: none"> 6. Peer Support <ol style="list-style-type: none"> a. Scope of Services <ol style="list-style-type: none"> i. Engagement ii. Educational Skill Building Groups iii. Therapeutic Activity b. Evidence-based peer practices: <ol style="list-style-type: none"> i. The Helper Therapy Principle ii. Peer Listening and Disclosing iii. Recovery Planning iv. Self-Help Support Groups v. Peer Bridging 7. Supervision and Support <ol style="list-style-type: none"> a. Providing regular and effective supervision b. Offering emotional support and encouragement c. Knowledge of Code of Ethics for Medi-Cal Peer Support Specialists d. Supervision of peer workers training (link to resource) 8. Workplace Readiness Checklist </div> <p>Feedback requested from Stakeholder Advisory Members</p> <ul style="list-style-type: none"> • Draft will be emailed to Stakeholder after meeting • Please send feedback via email by Mon July 31 to peercertification@calmhsa.org • RESOURCES ARE KEY! <p>For member of the community that want to provide feedback, email us directly to: PeerCertification@calmhsa.org .</p>
<p>Public Comment</p>	<p>A stakeholder member asked is the left over Grandparenting scholarships were moved over to the Initial Certification pathway, as initially stated by CalMHSA. A member from the community asked how many Initial Certification scholarships were left.</p> <p>Another member from the community asked if there was a second scholarship available to a “no show”.</p> <p>Another question was raised regarding the expiration date of scholarships, some scholarships were awarded before the exam was released, will those scholarship expirations be extended?</p> <p>Another member of the community asked if CalMHSA has considered providing digital badges.</p>

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Upcoming General Meetings	Our next meeting is: Friday August 18, 2023 <u>Zoom Dial-in Information:</u> Dial-In: 1-669-444-9171 Webinar ID: 895 6617 3539 Weblink: https://us02web.zoom.us/j/89566173539
Adjourn	Thank you for your participation!