

CalHOPE in 2023:

INCREASING CALIFORNIANS' ACCESS TO MENTAL HEALTH CARE

Delivering Help in Many Ways

Over **13,000** individual and family sessions

Over **2,000** individuals in group counseling sessions

Over **288,000** chat app sessions since March 2021

Nearly **2,000** outreach events

38% of sessions in person

62% by text, phone or app

85% of sessions resulted in at least 1 referral for additional services

Meeting Californians Where They Are

Reaching Out to Diverse Communities

Over **15,000** total sessions, including group counseling

Sessions delivered in **44** languages

For individuals representing ethnicities and races from around the world

**Data Through June 30, 2023*



CalHOPE | CalMHSA

www.CalHopeConnect.org

