

Medi-Cal Peer Certification Stakeholder Advisory Council Member

Gina Donlucas | Los Angeles County

My name is Gina Donlucas, and I am a dedicated medical peer support specialist representing Alter Health Group, a leading mental health treatment organization in California. I am passionate about supporting individuals in rebuilding their confidence and achieving lifelong success. At Alter Health Group, we are committed to providing comprehensive care for individuals facing substance misuse and mental health disorders. Our services include crisis stabilization, residential treatment, outpatient care, and aftercare solutions. Additionally, we have created valuable mental health resources such as BewellLine and Mindfuli, an on-demand online mental health platform that connects individuals with compassionate peer counselors and therapists who provide understanding, empathy, and attentive listening. As part of our ongoing program, BewellLine offers safe and non-judgmental one-on-one peer counseling sessions, providing a space for healing and support. Being a part of Alter Health Group fills me with immense pride and honor. I am grateful for the opportunity to contribute to an organization deeply committed to improving mental health and supporting others. Witnessing the positive impact, we have on individuals' lives is truly rewarding and reinforces my dedication to this important work. Outside of my work, I find solace and self-expression through painting. It is my creative outlet, allowing me to convey my thoughts and emotions. Each brushstroke tells a story, and I am inspired by the therapeutic nature of art. Every day, I bring my passion and drive to my work, striving to make a difference in the lives of individuals facing mental health challenges. It is an incredible journey, and I feel privileged to be a part of it.