

CalHOPE in 2024:

INCREASING CALIFORNIANS' ACCESS TO MENTAL HEALTH CARE

Delivering Help in Many Ways

Over **88,000** individual and family sessions

Over **70,000** individuals in group counseling sessions

Over **314,000** chat app sessions since March 2021

Nearly **8,000** outreach events

23% of sessions in person

77% by text, phone or app

68% of sessions resulted in at least 1 referral for additional services

Meeting Californians Where They Are

Reaching Out to Diverse Communities

Over **95,000** total sessions, including group counseling

Sessions delivered in **50** languages

For individuals representing ethnicities and races from around the world

**Data Through May 20, 2024*



CalHOPE | CalMHSA

www.CalHopeConnect.org

