

CalMHSA Board of Directors

Meeting Board Packet

Wednesday, November 20, 2024

12:00 p.m. – 1:00 p.m.



California Mental Health Services Authority

CalMHSA Board of Directors Meeting

Wednesday, November 20, 2024
12:00 p.m. – 1:00 p.m.

Registration Link: [Click Here](#)

Agenda

1. **Call to Order**
2. **Roll Call and Instructions**
3. **Instructions for public comment and stakeholder input**

The Board welcomes and encourages public participation in its meetings. For agenda items, public comment will be invited at the time those items are addressed. Because the meeting will be held via Zoom Meeting, each interested party is invited to inform CalMHSA staff prior to discussion of the item by sending an email to CFO David Avetissian david.avetissian@calmhsa.org indicating the item to be addressed. At the end of the meeting, the Board will also provide the public with an opportunity to speak on issues not listed on the agenda. All public comments will be limited to 3 minutes per person.

4. **Closed Session:** Closed Session: (Gov. Code § 54957.7(a)) The CalMHSA Board of Directors will meet in closed session as permitted by Government Code Section 54957(b). Anticipated Litigation: Significant exposure to litigation pursuant to Gov. Code § 54956.9(d)(2) (two cases); Initiation of litigation pursuant to Gov. Code § 54956.9(d)(4) (one case)
5. **Consent Calendar:**
 - a. Board Resolution 24-05 Authorizing Remote Teleconferencing Meetings Pursuant to Assembly Bill 361
 - b. CalMHSA Board of Directors Meeting Minutes from October 23, 2024
 - c. Approve contract for sport team vendor Lakers, for \$670,000
 - d. Approve contract for sport team vendor Sparks, for \$200,000
 - e. Approve contract for sport team vendor, the Sacramento Kings \$490,000.
 - f. Approve contract for WET Employee retention strategy for \$75,500

Recommendation: Approval of Consent Calendar

6. **President's Report**
7. **Executive Director's Report**

8. **Public Comments on Non-Agenda Items**

9. **Close Meeting**

In compliance with the Americans with Disabilities Act, if you are a disabled person and you need a disability-related modification or accommodation to participate in this meeting, contact David Avetissian at (279)-599-6224. Requests should be made as early as possible and at least one full business day prior to the start of the meeting.

Materials relating to an item on this agenda submitted to this Board after distributing the agenda packet are available for public inspection during normal business hours upon request to David Avetissian at david.avetissian@calmhsa.org.

This meeting will be recorded. By joining the meeting, you give consent to being recorded.

CALIFORNIA MENTAL HEALTH SERVICES AUTHORITY

Board Resolution 24-05 Authorizing Remote Teleconferencing
Meetings Pursuant to Assembly Bill 361

5a

CALIFORNIA MENTAL HEALTH SERVICES AUTHORITY

Resolution No. 24-05

RESOLUTION AUTHORIZING REMOTE TELECONFERENCING MEETINGS OF THE BOARD OF
DIRECTORS AND BOARD COMMITTEES PURSUANT TO ASSEMBLY BILL 361

WHEREAS, the California Mental Health Services Authority ("CalMHSA") is a local government agency subject to the Ralph M. Brown Act; and

WHEREAS, pursuant to Government Code section 54953(e) as amended by Assembly Bill 361, CalMHSA's Board of Directors and its committees may use teleconferencing and videoconferencing to conduct Board and committee meetings, and may do so without complying with the requirements of Government Code section 54953(b)(3), subject to certain conditions; and

WHEREAS, one condition that would allow CalMHSA to use teleconferencing and videoconferencing to conduct Board and committee meetings, without complying with the requirements of Government Code section 54953(b)(3), occurs when a meeting is held during a proclaimed state of emergency, and the Board determines, by majority vote that, as a result of the emergency, meeting in person would present imminent risks to the health or safety of attendees; and

WHEREAS, on March 1, March 8, March 12, March 14, March 28, April 20, 2023, and June 16, 2023, February 4, and March 22, 2024, the Governor of California proclaimed a series of a state of emergency to exist in a total of 52 counties due to significant storm-related impacts, including heavy rainfall, high winds, flooding, downed trees, and damage to roads and critical infrastructure; and

WHEREAS, on July 30, September 7, September 11, and November 7, 2024, the Governor of California proclaimed a series of a state of emergency to exist in six counties due to significant wild fire impacts; and

WHEREAS, it would be safe, beneficial and efficient for the public and for CalMHSA to use teleconferencing and videoconferencing to conduct Board and committee meetings without complying with the requirements of Government Code section 54953(b)(3).

NOW, THEREFORE, BE IT RESOLVED that the Recitals set forth above are true and correct and are incorporated into this Resolution by reference; and

BE IT FURTHER RESOLVED that the CalMHSA Board of Directors has considered the circumstances of the state of emergency and finds that, as a result of the emergency, meeting in person would present imminent risks to the health or safety of attendees;

BE IT FURTHER RESOLVED that the CalMHSA Board of Directors and its committees are hereby authorized and directed to take all actions necessary to conduct Board and committee meetings, without complying with the requirements of Government Code section 54953(b)(3) in accordance with Government Code section 54953(e) and other applicable provisions of the Brown Act; and

BE IT FURTHER RESOLVED that the CalMHSA Executive Director is hereby authorized and directed to take all actions necessary to carry out the intent and purpose of this Resolution; and

BE IT FURTHER RESOLVED that this Resolution shall take effect immediately upon its adoption and shall be effective until the earlier of: (i) 30 days from the date of the adoption of this Resolution, or (ii) such time as the Board of Directors adopts a subsequent resolution to continue to teleconference without complying with the requirements of Government Code section 54953(b)(3) in accordance with Government Code section 54953(e)(3); and

BE IT FURTHER RESOLVED that the Board of Directors of CalMHSA hereby ratifies and approves any and all actions taken by the Executive Director, or her designee, prior to the adoption of this resolution, to effectuate the purposes of this Resolution.

PASSED AND ADOPTED by the Board of Directors of the California Mental Health Services Authority on November 20, 2024

Emi Botzler-Rodgers
PRESIDENT

ATTEST:

David Avetissian
CalMHSA, Chief Financial Officer

CALIFORNIA MENTAL HEALTH SERVICES AUTHORITY

CalMHSA Board of Directors Meeting Minutes
from October 23, 2024

5b

CalMHSA Board of Directors Meeting
Meeting Minutes
Wednesday, October 23, 2024

Board Members Present

Alameda County, Member, Karyn L. Tribble, PsyD, LCSW
Berkeley, City of, Member, Jeffrey Buell MSW
Butte County, Member, Scott Kennelly
Calaveras County, Alternate, Leeann Burns
Colusa County, Alternate, Bonnie Briscoe
Del Norte County, Member, Ranell Brown, MSML, IPMA-SCP
Fresno County, Member, Susan Holt
Glenn County, Member, Joe Hallett LCSW
Humboldt County, Member, Emi Botzler-Rodgers, MFT
Humboldt County, Alternate, Oliver Gonzalez Bobadilla
Imperial County, Member, Leticia Plancarte-García, MSW, MPA
Imperial County, Alternate, Gabriela Jimenez
Kern County, Member, Alison Burrowes
Lake County, Alternate, Christine Andrus
Los Angeles County, Member, Dr. Lisa Wong, Psy.D.
Marin County, Member, Todd Schrimmer
Marin County, Alternate, Galen Main
Merced County, Alternate, Alexandra Pierce
Mono County, Member, Robin Roberts
Monterey County, Member, Kathryn Eckert
Napa County, Member, Cassandra Esalami, LMFT
Nevada County, Member, Phebe Bell
Placer County, Member, Amy Ellis, MFT
Placer County, Alternate, Amy Haynes, PSY.D
Riverside County, Alternate, Brandon Jacobs, MHA
San Benito County, Alternate, Rachel White
San Bernardino County, Alternate, Marina Espinosa
San Luis Obispo County, Member, Star Graber
San Mateo County, Member, Jei Africa
Santa Cruz County, Member, Tiffany Cantrell-Warren, MBA
Siskiyou County, Member, Sarah Collard, Ph.D.
Solano County, Member, Emery Cowan, LPCC, LMHC
Sonoma County, Member, Jan Cobaleda-Kegler, PsyD, LMFT
Stanislaus County, Member, Tony Vartan, MSW, LCSW
Tehama County, Alternate, Travis Lyon

Trinity County, Member, Connie Smith
Yolo County, Member, Karleen Jakowski, LMFT

Members of the Public

None

CalMHSA Staff Present

Allison Bradley, Communications Director
Amie Miller, Executive Director
Brittany Ganguly, Senior Program Manager
Carmen Salais, Executive Assistant
David Avetissian, Chief Financial Officer
Dawn Kaiser, Senior Director of Managed Care Operations
Felicia Luong, Staff Accountant
Holly Petrosyan, Executive Assistant
Jeremy Wilson, Senior Program Director
Lucero Robles, Director of Quality Assurance & Compliance

OTHERS PRESENT

Randall Keen, Legal Counsel, Manatt, Phelps, & Phillips, LLP

Agenda

A. Open Session

1. Call to Order

President Emi Botzler-Rodgers called the Board of Directors meeting to order at 12:11 p.m on Wednesday, October 23, 2024. Emi Botzler-Rodgers directed David Avetissian, Chief Financial Officer of CalMHSA, to take the roll call.

2. Roll Call and Instructions

Mr. Avetissian recorded Board Members and Alternates in attendance and confirmed a quorum of the full Board of Directors was established.

3. Instructions for public comment and stakeholder input

Mr. Avetissian reviewed the instructions for public comment and noted that items not on the agenda would be reserved for public comment at the end of the agenda. Public comment is called for after

each agenda item. David Avetissian instructed individuals to raise their hands via the raise hand feature on the Zoom call to indicate their desire to make a public comment.

4. Closed Session: The Board did not move into Closed Session.

5. Consent Calendar

President, Emi Botzler-Rodgers acknowledged the Consent Calendar as follows:

- a. Resolution 24-04 Authorizing Remote Teleconferencing Meetings Pursuant to Assembly Bill 361 b. CalMHSA Board of Directors Meeting Minutes from June 26, 2024
- c. Sole Source contract with Homebase for Behavioral Health Transformation Program – Continuum of Care, Training and Technical Assistance, for \$350,000
- d. Sole Source contract with Abt Global for Behavioral Health Transformation Program – Homeless management Information System, Training and Technical Assistance, for \$350,000
- e. Contract under LA PEI Participation Agreement, with media market vendor AMF Media Group, for \$500,000.
- f. Sole Source contract under LA PEI Participation Agreement with event/media vendor Audacy, for \$325,000.
- g. Contract under LA PEI Participation Agreement with sport team LAFC, for \$250,000
- h. Sole Source contract under LA PEI Participation Agreement with radio/media vendor Meruelo Media, for \$210,000
- i. Sole Source contract under LA PEI Participation Agreement with multi-media vendor Univision, for \$299,885.
- j. Contracts with California Department of Corrections and Rehabilitation
- k. Treasurer’s Report September 30, 2024

Ms. Botzler-Rodgers asked for comments from Board Members. Ms. Botzler-Rodgers asked for comments from the public. Hearing no comments or questions, she asked for a motion to approve the Consent Calendar. Upon hearing the motion and second, the President directed Members to vote.

Action: Approval of Consent Calendar

Motion: Fresno County, Member, Susan Holt, LMFT

Second: Alameda County, Member, Karyn L. Tribble. PsyD, LCSW

Public Comments:

None

Vote: Approved

Yes: 30

Abstain: 1, Colusa County, Alternate, Bonnie Briscoe

Alameda County, Member, Karyn L. Tribble. PsyD, LCSW	Marin County, Member, Todd Schirmer, PhD, CCHP	Placer County, Member, Amy Ellis, MFT	Butte County, Member, Scott Kennelly LCSW
City of Berkeley, Member, Jeffrey Buell, MSW	Calaveras County, Alternate, Leeann Burns	Lake County, Alternate, Christine Andrus	Sonoma County - Member Jan Cobaleda-Kegler, PsyD, LMFT
Del Norte County, Member, Ranell Brown, MSML, IPMA-SCP	Glenn County, Member, Joe Hallett	Riverside County - Alternate Brandon Jacobs, MHA	Los Angeles County, Member Dr. Lisa Wong, Psy.D
Fresno County, Member, Susan Holt, LMFT	Merced County, Alternate Alexandra Pierce	San Mateo County, Member, Jei Africa	San Bernardino County, Alternate, Marina Espinosa
Humboldt County, Member Emi Botzler-Rodgers, MFT	Monterey County, Member Kathryn Eckert, MBA	Santa Cruz County, Member Tiffany Cantrell-Warren	Siskiyou County, Member, Sarah Collard
Imperial County, Member Leticia Plancarte-García, MSW, MPA	Napa County, Member, Cassandra Eslami, LMFT	Solano County, Member, Emery Cowan	Trinity County, Member, Connie Smith
Kern County, Member, Alison Burrowes	Nevada County, Member, Phebe Bell	Yolo County, Member, Karleen Jakowski	San Luis Obispo County, Member, Star Graber
Mono County, Member, Robin Roberts, MFT	Tehama County, Alternate, Travis Lyon		

6. President's Report

7. Executive Director's Report

Dr. Amie Miller discussed the work on the State Hospital Bed allocation. CalMHSA holds the master agreement to negotiate State Hospital Bed rates. Dr. Miller thanked Manatt for their partnership over the years in limiting annual bed rate increases. CalMHSA is committed to developing a new allocation methodology to create county equity and bed pools. CalMHSA will be holding a larger county meeting to explain the methodology that CalMHSA has been vetting with the Department of State Hospitals. We need three times more beds than what already exist. CalMHSA needs to figure out how to use the given resources in an equitable way. The county meeting will discuss implementing new procedures to discharge patients from the State Hospitals as timely as possible. CalMHSA is going to bring some technical solutions to support the State Hospitals which will help counties use this program in a more equitable way.

CalMHSA is working on a new web-based training for county contractors and providers by the end of the year for Proposition 1 services. CalMHSA is currently interviewing county stakeholders and contract providers to ensure

the training meets their needs.

CalMHSA is partnering with IDEO on a new project which will help redesign the community planning process relative to BHSA. CalMHSA is waiting on a detailed scope of work for finalized guidance from the state. Our aim is to work with IDEO from a human center design perspective. CalMHSA is also working closely with CBHDA in tracking the state outcomes of BHSA. CalMHSA is still working with DHCS on implementation of new housing policies and procedures. The next scope is looking for feed back from the county members on housing resources. CalMHSA is working on getting out additional agreements to the current 25 EHR Counties to support data analytics and QI processes.

CalMHSA has translated the beneficiary handbook into the counties' threshold languages for the last two years. These handbook translations have been underutilized, and CalMHSA is not planning on doing them again.

CalMHSA is waiting on one more county's data before finalizing a RAND Study to quantify what funding would be needed for the public mental health system. The first round is just for adults. The purpose is to quantify what each county needs financially.

CalMHSA is working on developing a master contracting unit that will help procure really challenging beds – for example, for eating disorders, or youth substance abuse beds.

Public Comments: None

8. Public Comments on Non-Agenda Items

Mr. Avetissian invited members of the public to make comments on non-agenda items.

Public comments from the following individual(s):

None.

Closed: President Emi Botzler-Rodgers Closed the meeting at 12:34 p.m.

Respectfully submitted,

President, CalMHSA

DATE

CALIFORNIA MENTAL HEALTH SERVICES AUTHORITY

Approve contract for sport team
vendor Lakers, for \$670,000

5c

Recommendation:

Approve contract for sport team vendor Lakers, for \$670,000

Current Status and Background:

Under CalMHSA's current PA with LACDMH to administer programs based on the direction and approval from LACDMH, staff has explored and negotiated work with the Los Angeles Lakers to support meeting their media and outreach goals. LACDMH will be a partner of the Los Angeles Lakers and will receive co-branding rights, in-arena exposure, digital exposure, mental health awareness night features and OOH home signage. They will also work collaboratively on community-based initiatives.

The two professional basketball teams in the county provided quotes and partnership proposals. Based on their thorough review, LACDMH has asked CalMHSA to move forward with the Lakers.

Fiscal Impact:

The funds for this contract come from the LACDMH PEI program funds already held by CalMHSA. There is no fiscal impact to other counties.

CALIFORNIA MENTAL HEALTH SERVICES AUTHORITY

Approve contract for sport team
vendor Sparks, for \$200,000

5d

Recommendation:

Approve contract for sport team vendor the Los Angeles Sparks, for \$200,000.

Current Status and Background:

Under CalMHSA's current PA with LACDMH to administer programs based on the direction and approval from LACDMH staff has explored and negotiated work with the Los Angeles Sparks to support meeting their media and outreach goals. LACDMH will be a partner of the Los Angeles Sparks and will receive co-branding rights, in-arena exposure, digital exposure, mental health awareness night features and OOH home signage. They will also work collaboratively on community-based initiatives.

For LACDMH's 2024 Take Action for Mental Health Awareness fair, the Los Angeles Sparks provided accommodations with a title night and was an exceptional partner. They have been a strong partner since 2023.

Fiscal Impact:

The funds for this contract come from the LACDMH PEI program funds already held by CalMHSA. There is no fiscal impact to other counties.

CALIFORNIA MENTAL HEALTH SERVICES AUTHORITY

Approve contract for sport team vendor
Sacramento Kings \$490,000

5e

Recommendation:

Approve contract for sport team vendor, the Sacramento Kings, in the amount of \$490,000.

Current Status and Background:

Under CalMHSA's current agreement with Sacramento County to administer programs based on the direction and approval from Sacramento County, CalMHSA has explored and negotiated work with the Sacramento Kings to support meeting Sacramento County's media and outreach goals. Sacramento County will be a partner of the Sacramento Kings and will receive co-branding rights, in-arena exposure, digital exposure, and heritage night features. They will also work collaboratively on community-based initiatives.

The Sacramento Kings are the only partnership option with a professional basketball team in the Sacramento area.

Fiscal Impact:

The funds for this contract come from the Sacramento County program funds already held by CalMHSA. There is no fiscal impact to other counties.

CALIFORNIA MENTAL HEALTH SERVICES AUTHORITY

Approve contract for WET Employee retention strategy
for \$75,500

5f

Recommendation:

The recommendation is to approve a contract for a previously used training vendor, California Institute for Behavioral Health Solutions (CIBHS), for \$75,500 to execute a WET employee retention strategy.

Current Status and Background:

CIBHS is currently contracted by Butte County to provide training to their regional counties under the Workforce Education and Training Regional Partnership (WET RP) Five-Year Plan as a strategy for region-wide retention.

As a WET employee retention strategy, Lassen County is seeking a training vendor, whom they previously used, with curriculum that meets the needs of their hard to fill/hard to retain workforce. Since there is an established and trusted relationship with CIBHS in the overarching Regional Partnership, Lassen would like to continue to provide their staff with the quality of training that CIBHS delivers. Lassen is seeking training focused on the following areas:

- Dialectical Behavior Therapy (DBT):
 - The focus of this training will be for clinicians to help clients accept their reality while simultaneously working toward change. It has proven effective for various conditions, including self-harm, suicidality, PTSD, substance use, depression, and anxiety.
- Motivational Interviewing (MI)
 - The justification for this training is to promote a client-centered approach, emphasizing collaboration, acceptance, and respect, while empowering clients to explore and resolve ambivalence about change. The approach is built on a foundation of compassion, curiosity, and understanding, helping clients to progress toward their goals.
- Crisis Intervention
 - The focus of this training is for participants to learn evidence-based strategies for assessing lethality, initiating collaborative safety planning, and building support networks. The training workshop will include skills practice for addressing crises such as suicidal ideation, racial trauma, substance use, and more.
- De-escalation
 - The focus of this training is to provide participants with education to provide practical skills for crisis intervention, focusing on assertive communication, and conflict resolution.

CIBHS has provided the following training to the Superior Region under the WET RP Five-Year Plan since 2020:

- Trauma-informed & Trauma-focused Interventions using Tele-health
- Dialectical Behavior Therapy
- Effective Suicide & Crisis Intervention Using Telehealth
- Engaging & Supporting People with Co-Occurring Disorders
- Motivational Interviewing: Enhance Your Ability to Create Movement in Your Work
- Help for the Helper: Strategies to Combat Burn-Out, Promote Healing at the Workplace, & Address Secondary Traumatic Stress

- HIPAA 101
- Peer Training
- Supervision Training (15-Hour)
- Community Behavior Health Providers & the Criminal Justice System
- Adverse Childhood Experiences (ACEs)
- Stigma and Discrimination Reduction Training
- Homeless Outreach in Assertive Community Treatment

Fiscal Impact:

The funds for this contract will be used from the WET RP Five-Year Plan that is already held by CalMHSA. There is no fiscal impact to other counties in the region.