



JOIN US!

FREE EVENT

**Los Angeles County
Department of Mental Health
is hosting “Take Action” events near you!**

Come and enjoy:

- Free food, music & giveaways
- Free community resources
- Meditation, yoga & other wellness activities

Monday, May 5, 2025, 11 am - 3 pm

**Service Area 6
Los Angeles Southwest College
1600 W. Imperial Hwy., Los Angeles**

IN PARTNERSHIP WITH:



WELLNESS • RECOVERY • RESILIENCE

**For ADA inquiries, please contact:
takeactionevents@calmhsa.org**

Check out all events at: www.takeactionla.com