

Countywide Event

Join the Los Angeles County Department of Mental Health in a celebration of Mental Health Awareness Month, featuring:

- Free food, music & giveaways
- Free community resources
- Meditation, yoga & other wellness activities

WHEN:

Saturday, May 31, 2025, 11 a.m. – 3 p.m.

WHERE:

Gloria Molina Grand Park
200 N Grand Ave, Los Angeles

For ADA inquiries, please contact:
takeactionevents@calmhsa.org



LOS ANGELES COUNTY
**DEPARTMENT OF
MENTAL HEALTH**
hope. recovery. wellbeing.

www.takeactionla.com