



JOIN US!

FREE EVENT

Los Angeles County Department of Mental Health is hosting “Take Action” events near you!

Come and enjoy:

- Free food, music & giveaways
- Free community resources
- Meditation, yoga & other wellness activities

Wednesday, May 7, 2025, 11 am - 3 pm

Service Area 1
Antelope Valley College
(Lancaster Campus)
3041 West Avenue K, Lancaster

IN PARTNERSHIP WITH:



For ADA inquiries, please contact:
takeactionevents@calmhsa.org

WELLNESS • RECOVERY • RESILIENCE

Check out all events at www.takeactionla.com