



JOIN US!

FREE EVENT

Los Angeles County Department of Mental Health is hosting “Take Action” events near you!

Come and enjoy:

- Free food, music & giveaways
- Free community resources
- Meditation, yoga & other wellness activities

Monday, May 12, 2025, 11 am - 3 pm

**Service Area 2
Los Angeles Valley College
(Monarch Square)
5800 Fulton Ave., Valley Glen**

IN PARTNERSHIP WITH:



WELLNESS • RECOVERY • RESILIENCE

For ADA inquiries, please contact:
takeactionevents@calmhsa.org

Check out all events at www.takeactionla.com