



Data Explainer Series

Week 9 – Office Hours

Institutionalization

Series Schedule

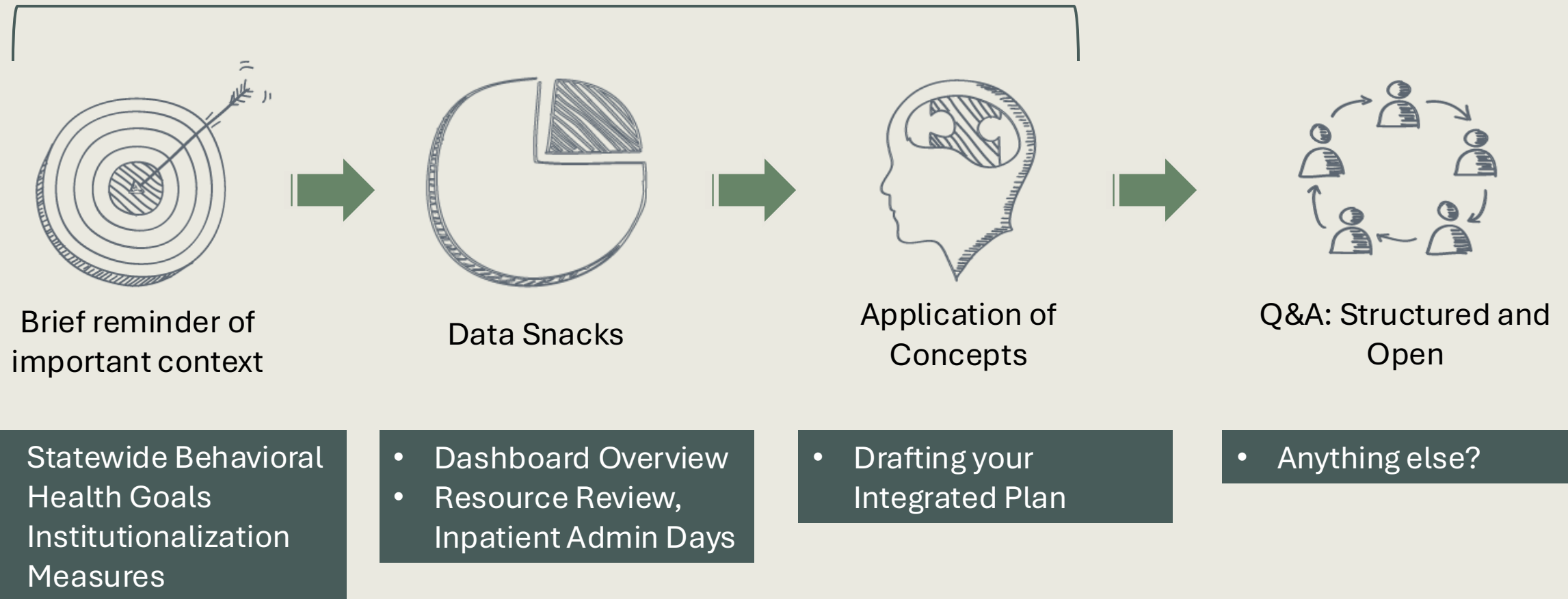
Webinar Date	Office Hours Date	Webinar Title
7/29/2025	8/1/2025	Introduction to Statewide Goals & Access to Care
8/5/2025	8/8/2025	Homelessness
8/12/2025	8/15/2025	Justice-Involvement
8/19/2025	8/22/2025	Removal of Children from the Home
8/26/2025	8/29/2025	Overdoses and Suicides
9/2/2025	9/5/2025	Untreated Behavioral Health Conditions, Prevention and Treatment of Co-Occurring Physical Health Conditions
9/9/2025	9/12/2025	Care Experience, Quality of Life, Social Connection
9/15/2025	9/19/2025	Engagement in School and Work
9/23/2025	9/26/2025	Institutionalization ← <i>You Are Here</i>
9/30/2025	9/30/2025	Webinar Series Recap & Collaborating with Local Planning Processes

Housekeeping

- Each week we have a new webinar topic and corresponding office hours
- The aim of office hours is to dive a bit deeper and respond to questions
- All webinars will be recorded and placed on our website (*office hours will not be recorded*)
- Utilize the Q&A for questions

Office Hours Grounding

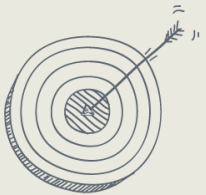
20-30 minutes



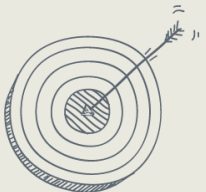
The Largest Picture

The vision for Behavioral Health Transformation is that all Californians have access to behavioral health services...

... this leads to improved health and happiness for individuals, better overall outcomes and reduced disparities.



The More Immediate Picture: Integrated Plan





Institutionalization

Primary Goal

BHT Population Health Strategy

Use county performance on the six priority goals and choose one additional goal to inform the Community Planning Process and complete the BHSA Integrated Plan.

Choose at least one



Priority Goals

1. Access to Care
2. Homelessness
3. Institutionalization
4. Justice-Involvement
5. Removal of Children from the Home
6. Untreated Behavioral Health Conditions

Additional Goals

1. Care Experience
2. Engagement in School
3. Engagement in Work
4. Overdoses
5. Prevention and Treatment of Co-occurring Physical Health Conditions
6. Quality of Life
7. Social Connection
8. Suicides

Institutionalization

Care provided in inpatient and residential (i.e., institutional) settings can be clinically appropriate and is part of the care continuum.

The goal is to ensure institutionalization is only used when necessary, for the appropriate duration, and never longer than clinically indicated.

Reducing Institutionalization

To minimize time in institutional settings, the focus is on:

- Ensuring timely access to community-based services across the care continuum, delivered in clinically appropriate and least restrictive environments.
- Reducing stays in institutional settings that are not—or are no longer—the least restrictive environment.
- Maximizing opportunities for community integration.
- Expanding access to supportive housing options that offer intensive, flexible, and voluntary services for all individuals who may benefit.

Institutionalization Measures

<i>Measure</i>	<i>Type of Measure</i>
Inpatient Administrative Days, FY 2023	
Total Days per Beneficiary – Adults and Children/Youth	Primary
SMHS Crisis Service Utilization, FY 2023	
Crisis Intervention – Adults and Children/Youth	Supplemental
Crisis Stabilization – Adults and Children/Youth	Supplemental
Crisis Residential Tx Services – Adults and Children/Youth	Supplemental

Institutionalization Measures

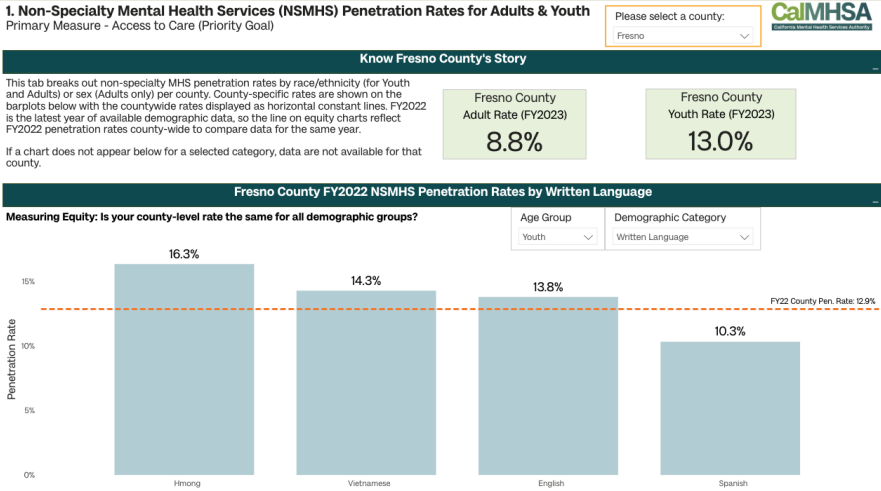
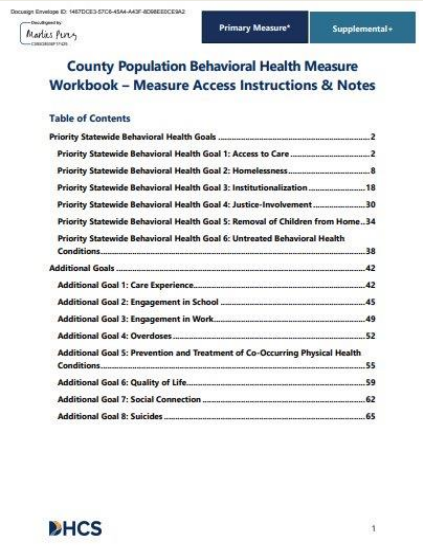
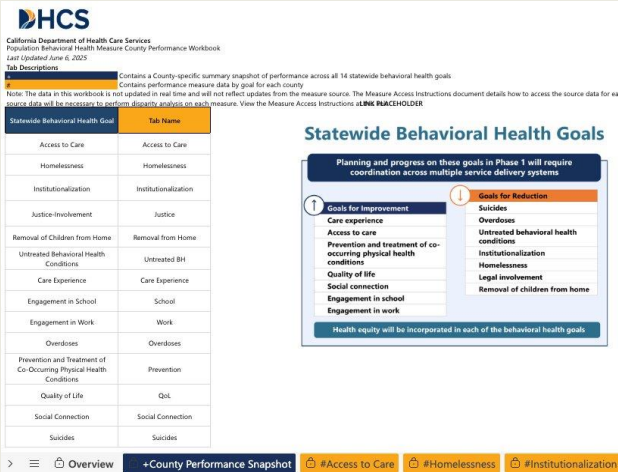
<i>Measure</i>	<i>Type of Measure</i>
Involuntary Detentions, FY 2021-2022	
14-Day Involuntary Detention Rates	Supplemental
30-Day Involuntary Detention Rates	Supplemental
180-Day Post-Certification Involuntary Detention Rates	Supplemental
Temporary Conservatorship Rates	Supplemental
Permanent Conservatorship Rates	Supplemental



Dashboard

Institutionalization

What are the Sources for CalMHSA's Dashboards?



County Rates directly from
DHCS Workbook

County-specific Equity Data
extracted from DHCS-
recommended data sources

An all-in-one resource for you to
complete your IP



Additional Data Tips for Your Integrated Plan

- ✓ When more recent data are not available, appropriate to use the most recent year of data available for the IP
- ✓ If publicly-available or local data are not available, can note on IP "None Available"
- ✓ Use locally available data to supplement publicly-available sources
- ✓ Phase 1 is focused on median and mean as benchmarks for planning rather than evaluation



Data Bite: Dashboard Orientation



CalMHSa is hosting an educational series through Sept. 30 to support counties in advancing California's statewide behavioral health goals and population-level measures under the Behavioral Health Services Act. The webinars and corresponding office hours will help counties incorporate these goals into Integrated Plans and strengthen data-informed strategies that improve population health outcomes. *Please note: Live participation in the series is only for county behavioral health staff.*

Visit this web page for links to recordings of each webinar, printable resource materials, and data dashboards as they are developed.

Each week's offering will focus on one or a related grouping of statewide goals and measures and examine them through:

- **Webinars (Tuesdays, 12-1 p.m.):** Focused on understanding the data, including statewide performance metrics, system context, and county health equity and disparity considerations
- **Office Hours (Fridays, 12-1 p.m.):** A collaborative, open forum for discussion and cross-county learning

CONTENTS

Webinars



Data Dashboards



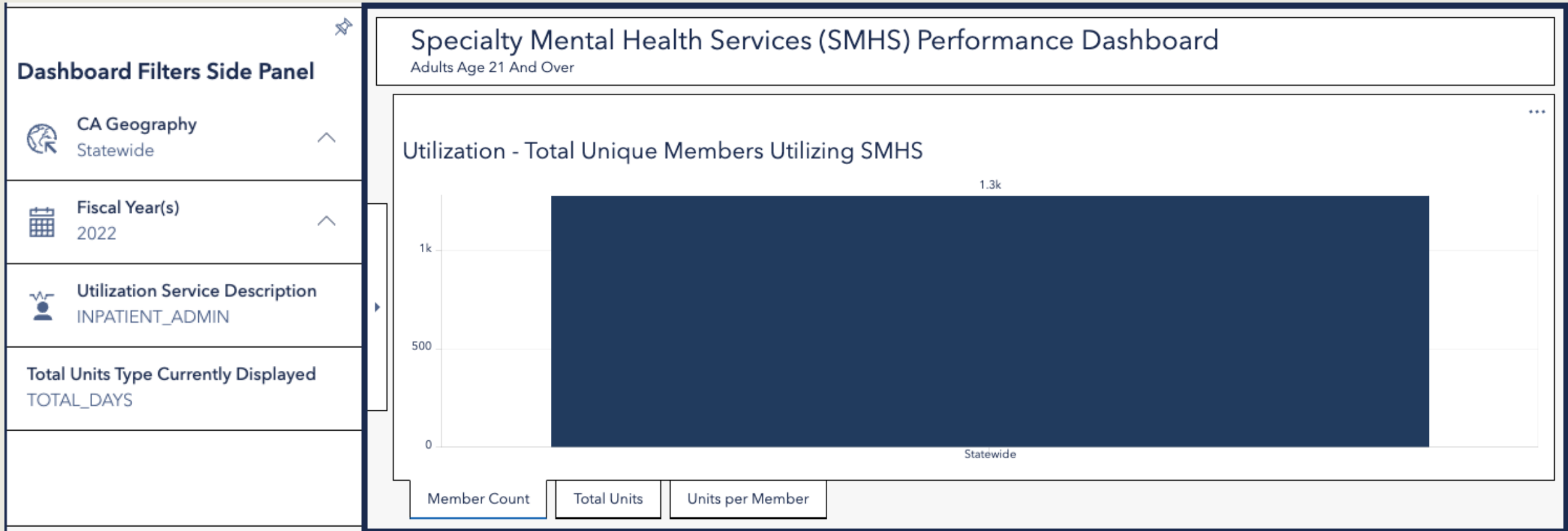
BHT Planning Documents



www.calmhsa.org/data-explainer-series



Data Snack: How to leverage other data available to you



[Adult Dashboard](#); [Youth Dashboard](#)



Additional Inpatient Administrative Day Measures to Consider

1. How many people had inpatient administrative days in my County?

Total Member Count =
Total Unique Clients with
Inpatient Admin Days in
your County

DHCS dashboard

2. What is the prevalence of clients experiencing inpatient administrative days?

$100\% \times \frac{\text{Total Unique Clients with Inpatient Admin Days}}{\text{Total Unique Clients with at least 1 Inpatient Hospitalization}}$

DHCS dashboard & EHR

3. Out of total inpatient hospitalization days, what percentage are inpatient administrative days?

$100\% \times \frac{\text{Total Inpatient Admin Days}}{\text{Total Inpatient Hospitalization Days}}$

DHCS dashboard & EHR

Building Community Capacity



Behavioral Health Continuum of Care*



* Continuum is simplified for the purposes of this presentation. Concept sourced from [DHCS](#).

Shifts in DSH LPS Bed Management

County-specific bed
allocations

Statewide bed
expansion

Step-down and
discharge planning

Length of stay impacts

Murphy
conservatorships

Growing community
alternatives

BHCIP Investments Across the Continuum



Round 3:
Mobile crisis and
crisis services



Round 4:
Children & youth
facilities



Round 5:
Adult and youth residential,
subacute, and step-down
facilities

BHCIP Investments Across the Continuum

BHCIP Rounds 3-5 and Bond BHCIP Round 1 To Date*

251

Projects Awarded

429

New/Expanding
Behavioral Health
Facility Types Funded

926,000+

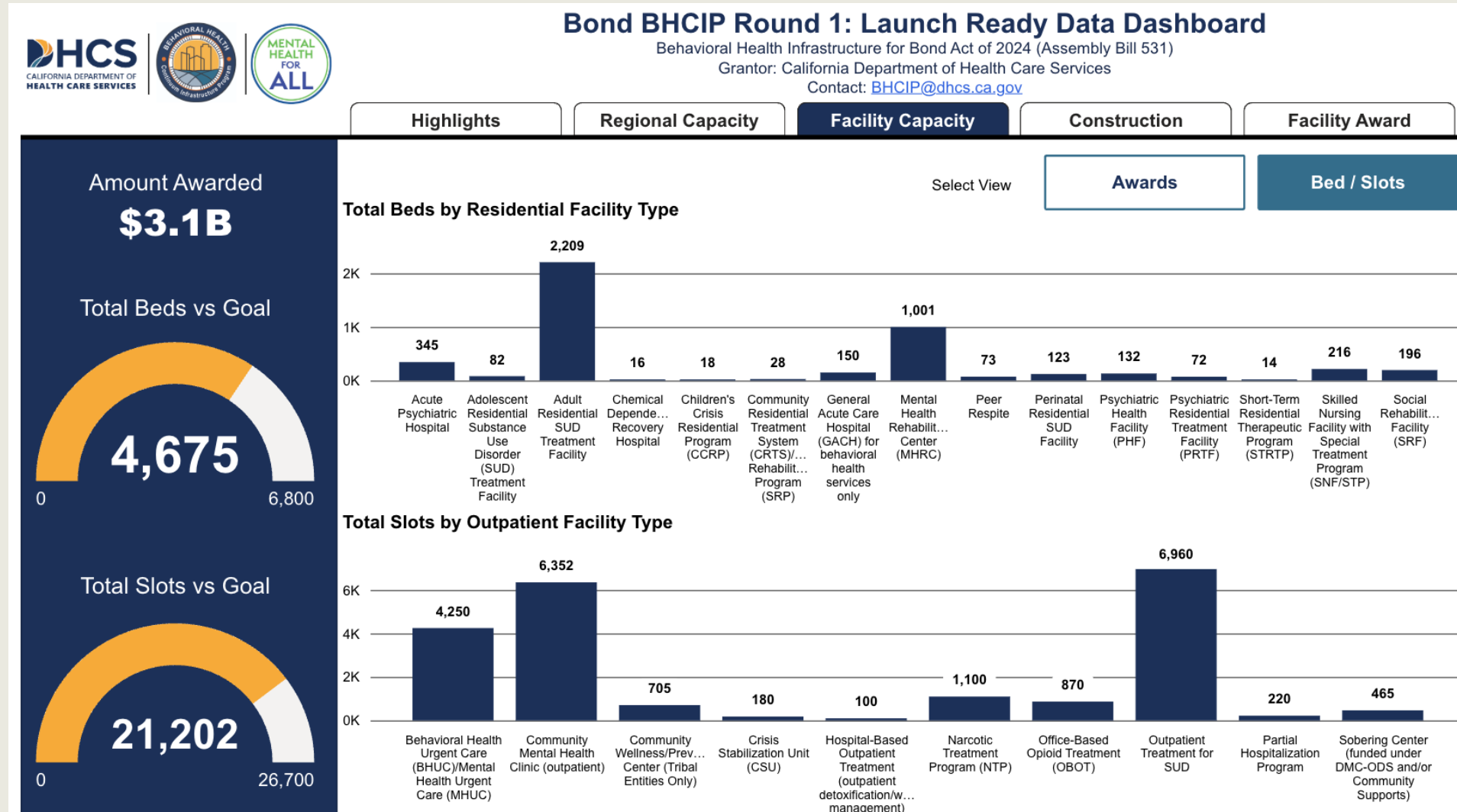
Individuals Projected
to be Served Annually

*Information updated May 12, 2025 and only includes BHCIP Rounds 3-5 and Bond BHCIP Round 1 Infrastructure projects. Data reported here are grantee reported estimates and subject to change.

Bond BHCIP Round 2: Unmet Needs (October 2025)

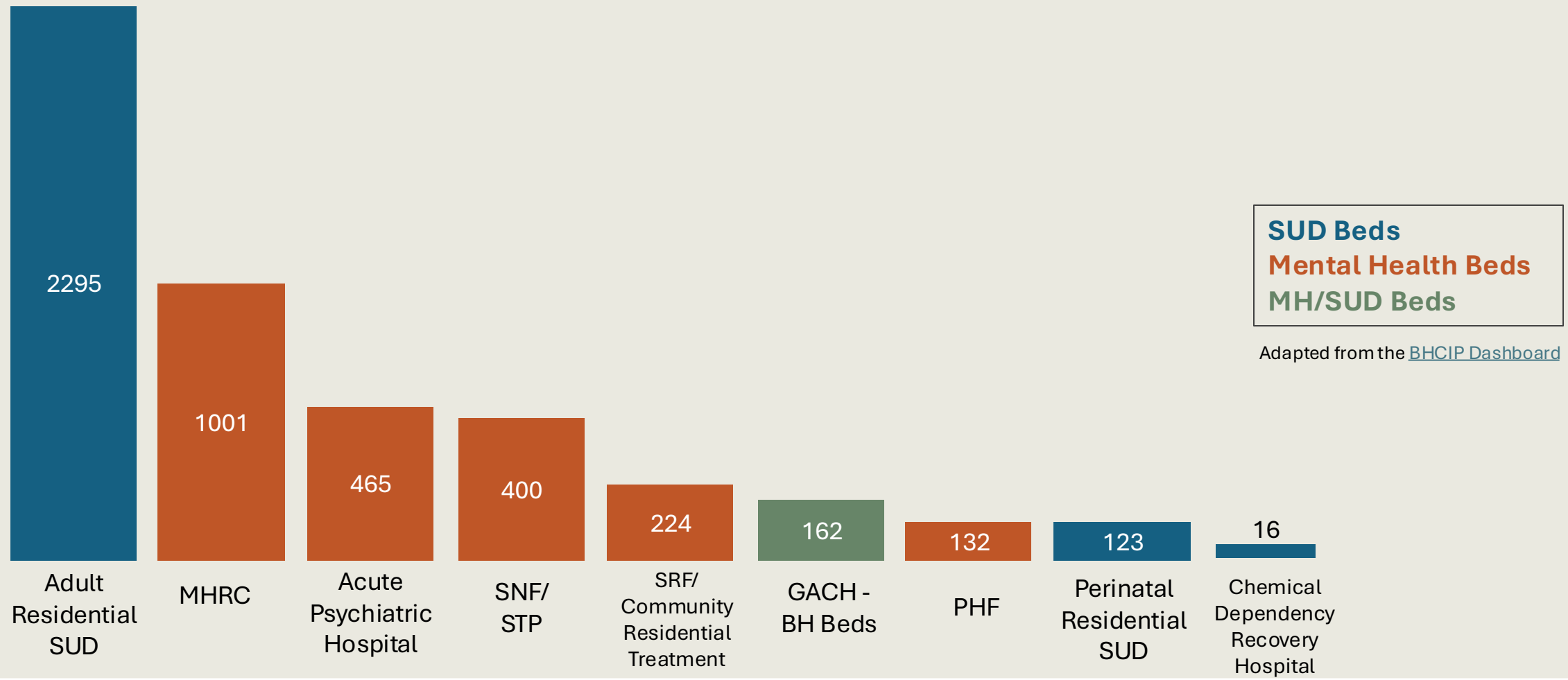
Grant funds for rural or remote areas with outstanding behavioral health needs or insufficient behavioral health infrastructure, projects with a campus model and regional collaborations, and geographic areas with no prior BHCIP infrastructure award.

BHCIP Investments Across the Continuum



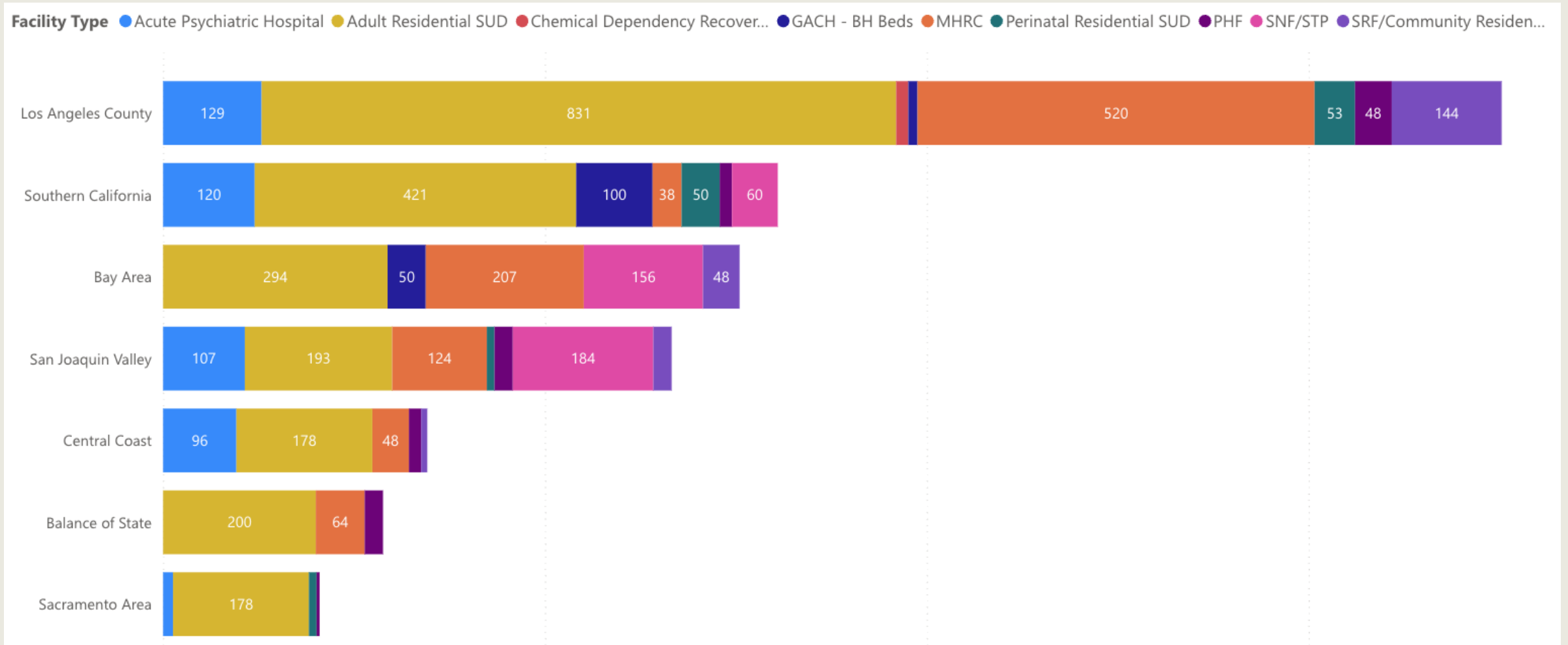
Bond BHCIP Round 1

Conditionally funded, launch-ready new residential capacity by 2030



Bond BHCIP Round 1

New residential capacity - by region

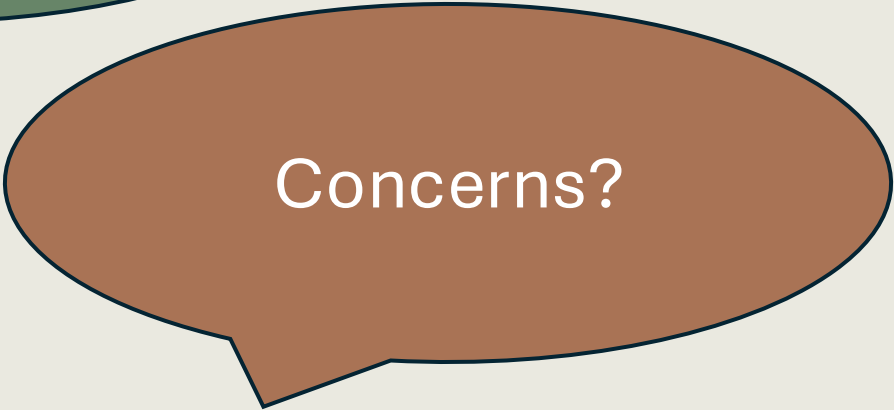




Comments?



Questions?



Concerns?

County Plan Examples



County Example: Ventura County

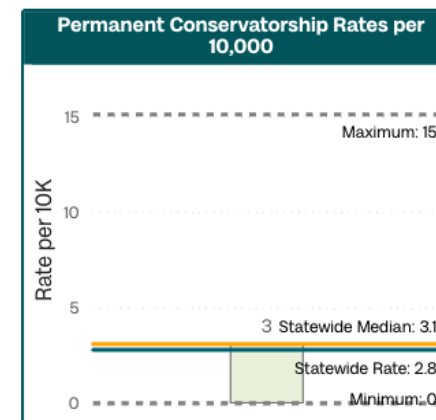
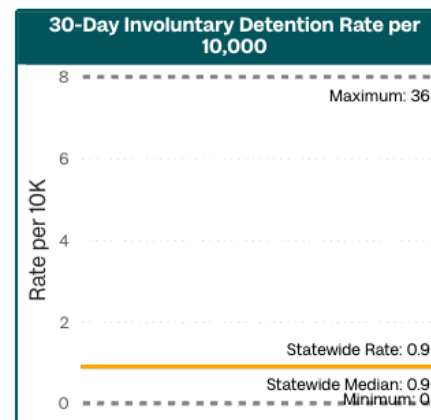
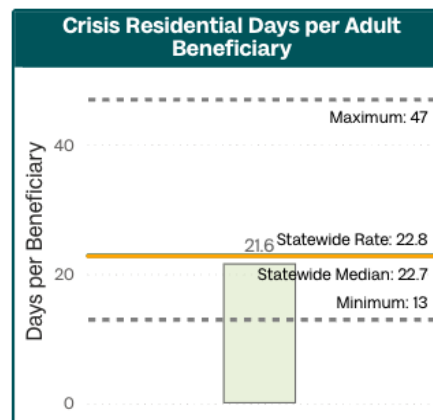
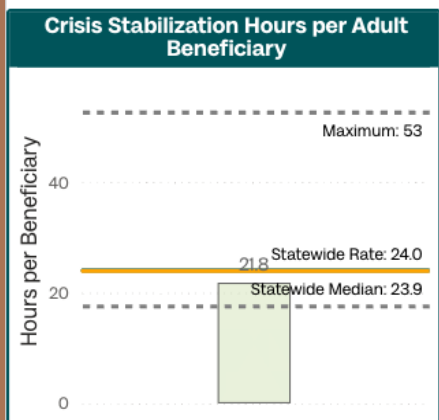
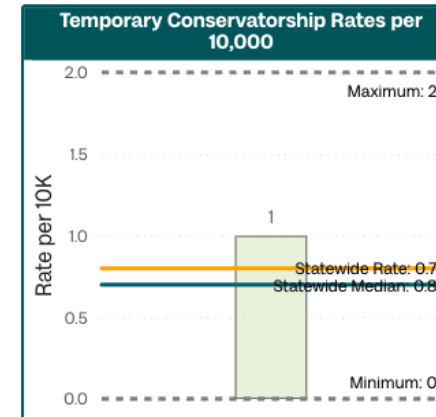
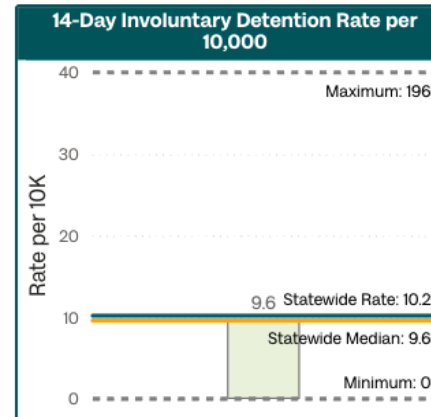
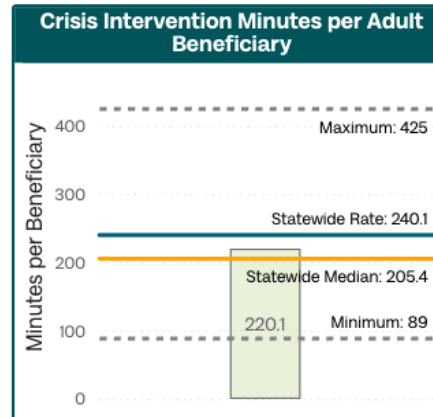
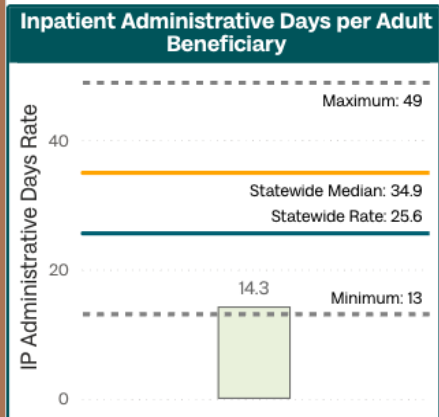
Ventura County's Institutionalization Data Overview

This tab provides an overview of each measure per county. County-specific rates are shown on the barplots below with the statewide mean, median, minimum and maximum displayed as horizontal constant lines.

Data Note: All data for 180-day post certification rates is entirely missing or equal to zero, so this measure is not visualized on this page.

Please select a county:

Ventura



Ventura County Overview: Institutionalization (Adults)

Measure	State Rate	Ventura County Rate	Equity-Stratified Data
Inpatient Administrative Days for Adults (Total Days per Beneficiary)	25.6	14.3	Hispanic (17), White (14.29), Other (12)
SMHS Crisis Service Utilization for Adults–Crisis Intervention (Total Minutes per Beneficiary)	240.1	220.1	Black (248.79), Hispanic (221.36), Other (204.83), White (197.14), Asian or Pacific Islander (170.69)
SMHS Crisis Service Utilization for Adults–Crisis Stabilization (Total Hours per Beneficiary)	24.0	21.8	White (28.74), Hispanic (25.92), Black (25.50), Other (19.16)
SMHS Crisis Service Utilization for Adults–Crisis Residential (Total Days per Beneficiary)	22.8	21.6	Other (21.73), White (21.68), Hispanic (19.03)

Ventura County Overview: Institutionalization (Children)

Measure	State Rate	Ventura County Rate	Equity-Stratified Data
Inpatient Administrative Days for Children (Total Days per Beneficiary)	8.7	N/A	Not available
SMHS Crisis Service Utilization for Children–Crisis Intervention (Total Minutes per Beneficiary)	266.8	214.1	Other (268.14), White (244.09), Hispanic (235)
SMHS Crisis Service Utilization for Children–Crisis Stabilization (Total Hours per Beneficiary)	18.6	17.8	Other (18.69), Hispanic (17.45), White (16.95)
SMHS Crisis Service Utilization for Children–Crisis Residential (Total Days per Beneficiary)	21.6	20.3	Not available

Ventura County Overview: Institutionalization

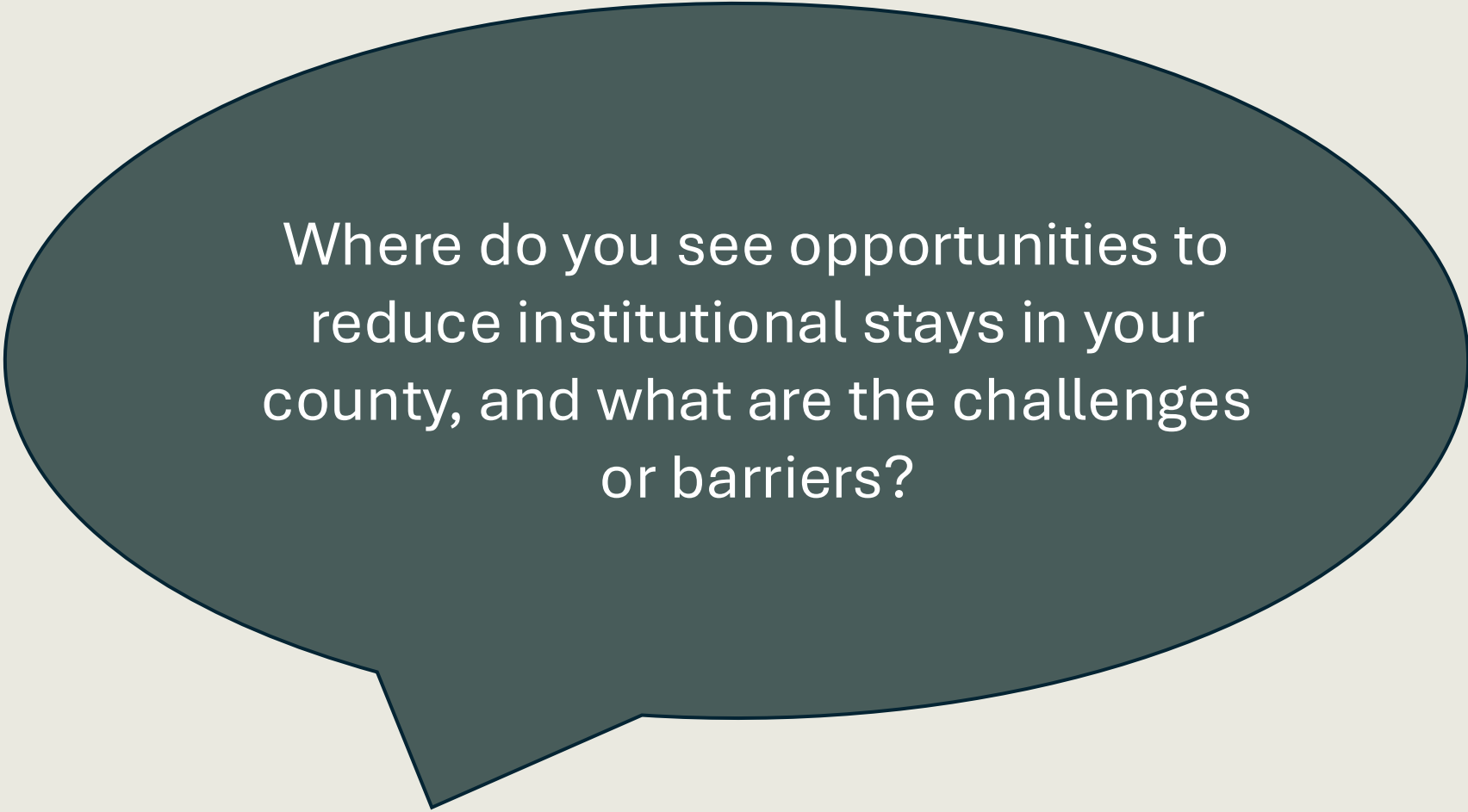
Measure	State Rate	Ventura County Rate	Equity-Stratified Data
14-Day Involuntary Detention Rates per 10,000	10.2	9.6	Not available
30-Day Involuntary Detention Rates per 10,000	0.9	0.0	N/A
180-Day Post Certification Involuntary Detention Rates per 10,000	0.0	0.0	N/A
Temporary Conservatorship Rates per 10,000	0.7	1.0	Not available
Permanent Conservatorship Rates per 10,000	2.8	3.1	Not available

Office Hours Discussion

*Turning Data Into Action with Ventura
County*



Discussion Question



Where do you see opportunities to reduce institutional stays in your county, and what are the challenges or barriers?

What's Next?

Data Explainer Week 10: Collaborating with Local Planning Processes

Tuesday 9/30

Webinar: 12-1 p.m.

Office Hours: 1-2 p.m.

Questions:

managedcare@calmhsa.org





Thank You!

managedcare@calmhsa.org