

Kristen Mungcal | Peer Programs

I have had the privilege of serving others in San Bernardino County Behavioral Health for over 18 years in a variety of roles. In my work for over a decade I have had the honor of overseeing the peer-run clubhouses and the ongoing implementation of peer support specialists into our system of care. I know the power of peer support! No matter what position I am in, I never forget the experiences that allowed me to reach others and for them to reach and support me. In our program, lived experience is a requirement of ALL roles! Some of my proudest recent efforts are my work in helping to develop and grow the Consumer Evaluation Council, a group of powerful peers who provide feedback and guidance to all programming, policy and evaluation efforts in our department and piloting housing navigation through peer support. This profession is personal and that is what makes me so passionate and determined to walk alongside each individual that comes my way until they get to where they choose to be.